

Dr. Barry M Gregory Ed.D., M.Ed., B.A.

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Academic Credentials

- **Ed.D. Doctor of Education: Educational Leadership Higher Education**
Florida Atlantic University, Boca Raton, FL 1997-2001
Dissertation Topic: *College Alcohol & Life Skills Study with Student-Athletes*
 - **M.Ed. Master of Counselor Education: Mental Health Counseling**
Lesley University, Cambridge, Ma. 1994-1995
Florida Atlantic University, Boca Raton, FL 1995-1997
 - **B.A. Bachelor of Arts: Political Science**
Johnson State College, Johnson, Vt. 1974-1979
 - **Formerly Licensed Mental Health Counselor Retired (LMHC)**
State of Florida (2003-2016)
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Professional Career Highlights In Corrections and Reentry

- Taught vocational and business courses, volunteered on the suicide prevention team, facilitated groups in the psychology department, and started AA meetings while incarcerated in a federal prison in Miami.
- Served as a trainer for evidence-based recidivism reduction workshops for correctional counselors at Miami Dade Corrections and Rehabilitation (MDCR).
- Reentry program consultant for MDCR developing a structured evidence-informed curriculum for individuals in custody.
- Developed program evaluation tools for measuring outcomes in CBT-based reentry groups at MDCR.
- Interim clinical director at the Journey Forward Reentry Program inside Port St. Lucie jails.

Professional Work Experiences:

2019-Present: Beacon Online Training and Coaching Academy

- Spearheaded evidence-informed reentry and rehabilitation curriculum development for individuals in custody, contributing to a more structured and effective program.

- Conduct onsite and online evidence-based recidivism reduction training workshops for correctional counselors, enhancing their skills and knowledge in evidence-based practices.
- Develop and implement program evaluation tools, significantly improving the measurement of outcomes for justice-involved individuals enrolled in motivational and skills-building reentry groups.
- Serve as the go-to consultant for the reentry program, providing valuable insights and strategic guidance to optimize program effectiveness.
- Collaborate with correctional counselors through coaching sessions, fostering professional growth and enhancing their ability to support individuals in the reentry process.

2019-2022: Criminal Justice Reform Volunteer: FAMM and Prison Fellowship

- Advocacy and Awareness: Volunteered with FAMM (Families Against Mandatory Minimums) and Prison Fellowship, actively participating in advocacy efforts to promote criminal justice reform. Raised awareness about the impact of mandatory minimum sentences on individuals and families affected by the criminal justice system.

2005-2016: National Seminar Trainer: PESI, Inc.

- Training Delivery: Conducted national seminars for PESI, Inc., specializing in delivering evidence-based training seminars for mental health professionals.
- Curriculum Development: Designed and developed training materials and curriculum content for the seminars, ensuring that the content was engaging, informative, and aligned with the latest developments in mental health research and practice.
- Teaching Methods: Shared practical insights with seminar participants, fostering a dynamic learning environment. Facilitated discussions, case studies, and interactive activities to enhance the understanding and application of the material.
- Adaptation to Audience Needs: Tailored presentations to meet the diverse needs of mental health professionals attending the seminars, recognizing the varying backgrounds, experiences, and roles within the field.
- Continuing Education Credits: Ensured that the seminars met the criteria for continuing education credits, providing professionals with valuable opportunities to enhance their skills and fulfill licensing requirements.
- Accomplishments: Successfully facilitated numerous seminars, earning positive feedback and high ratings from participants. Contributed to the professional development of mental health practitioners across the nation, creating a lasting impact on the quality of mental health services delivered.

2011-2016: Clinical Director At Multiple Addiction and Mental Health Treatment Centers

- Program Development: Led the development and implementation of comprehensive clinical programs within addiction treatment centers, ensuring alignment with evidence-based practices and regulatory standards.
- Staff Training and Supervision: Provided training and supervision to clinical staff, ensuring that team members were equipped with the necessary skills and knowledge to deliver effective and compassionate care to individuals struggling with addiction.
- Treatment Planning: Developed individualized treatment plans for clients, integrating various therapeutic modalities to address the unique needs of each individual. Emphasized an integrated approach to treatment, considering mental health, family dynamics, and co-occurring disorders.
- Quality Assurance: Implemented and monitored quality assurance measures to uphold the highest standards of care. Conducted regular chart audits and assessments to identify areas for improvement and ensure compliance with industry regulations.
- Policy Development: Contributed to the development and updating of policies and procedures within addiction treatment centers, ensuring adherence to ethical standards, legal requirements, and industry best practices.
- Staff Recruitment and Retention: Participated in the recruitment and retention of qualified clinical staff, playing a key role in building a cohesive and skilled team committed to the mission of addiction recovery.
- Accomplishments: Achieved notable success in program development, resulting in increased program effectiveness and positive client outcomes. Received recognition for leading addiction treatment centers toward improved standards of care and compliance.

2011-2011: Director of Outpatient and Residential Mental Health Services

- Clinical Oversight: Provided clinical oversight for both outpatient and residential services, ensuring that therapeutic interventions were evidence-based and tailored to meet the diverse needs of clients with mental health disorders.
- Staff Development: Spearheaded staff development initiatives, including training programs and professional development opportunities, to ensure that the mental health team was well-equipped to deliver high-quality care.
- Regulatory Compliance: Ensured compliance with relevant regulations, licensing requirements, and accreditation standards. Conducted regular audits and implemented corrective actions to address any identified areas of non-compliance.

- **Interdisciplinary Collaboration:** Collaborated closely with interdisciplinary teams, including psychologists, social workers, psychiatrists, case managers, and support staff, fostering a collaborative and cohesive approach to mental health care delivery.

2009-2012: Adjunct Instructor: Barry University & Florida Atlantic University

- **Course Instruction:** Taught education and counseling courses at both the undergraduate and graduate levels, providing students with a comprehensive understanding of theories, methodologies, and practical applications within the fields of education and counseling.
- **Curriculum Development:** Developed and refined course curriculum, ensuring alignment with the latest educational and counseling standards. Integrated real-world examples and case studies to enhance the practical application of theoretical concepts.
- **Facilitation of Learning:** Utilized effective teaching methodologies, including lectures, group discussions, and experiential activities, to create an engaging and interactive learning environment. Fostered critical thinking and analytical skills among students.
- **Incorporation of Technology:** Integrated relevant technology and educational tools into the curriculum to enhance the learning experience. Leveraged multimedia resources and online platforms to supplement traditional classroom instruction.
- **Assessment and Feedback:** Designed and implemented assessments to measure student comprehension and skill development. Provided constructive feedback to support continuous improvement and academic success.

1998-2005: Assistant Director & Therapist: University Counseling Center

- **Alcohol and Other Drug Counseling:** Provided counseling services for students struggling with risky alcohol and other substance use issues, offering individual therapy to help reduce high-risk drinking and illicit drug use
- **Prevention Programs:** Developed and implemented prevention programs to address alcohol and drug abuse on campus. Designed educational initiatives, workshops, and campaigns to raise awareness and promote responsible drinking behavior using a motivational and harm-reduction approach
- **Research Initiatives:** Conducted research on alcohol and drug prevention strategies, contributing valuable insights to the field. Collaborated with colleagues and experts to identify evidence-based practices for effective substance abuse prevention.
- **Governor Task Forces Collaboration:** Collaborated with governor task forces and the governor's office on initiatives aimed at reducing binge drinking, violence, and suicide. Participated in policy discussions, providing expert input on mental health and substance abuse prevention strategies.

- **Statewide Coordination:** Worked with other state universities to coordinate efforts in reducing substance abuse, binge drinking, and related issues. Shared best practices, collaborated on research projects, and facilitated information exchange among institutions.
- **Policy Advocacy:** Advocated for evidence-based policies related to alcohol and substance abuse prevention at the state level. Engaged in discussions with policymakers to influence the development of effective strategies to address these issues on college campuses.
- **Violence and Suicide Prevention:** Played a key role in initiatives focused on reducing violence and suicide on campus. Implemented prevention programs, provided crisis intervention, and contributed to the development of comprehensive mental health support services.
- **Data Analysis and Reporting:** Analyzed data related to substance abuse, violence, and suicide, providing regular reports to university administrators, task forces, and state agencies. Authored white paper for the governor task force in reducing high-risk and underage drinking
- **Collaborative Partnerships:** Formed partnerships with community organizations, law enforcement, and healthcare providers to create a comprehensive network for addressing substance abuse and mental health challenges both on and off campus.

Evidence-Based Training Seminars and Online Courses For Corrections

- Motivational Interviewing
- Cognitive-Behavioral Therapy
- Relapse Prevention
- Co-Occurring Disorders
- Trauma and Trauma-Informed Care
- Cultural Competency
- Gender Sensitive Treatments For Women
- Dialectical Behavioral Therapy
- Addiction and The Brain
- Signs and Symptoms of Mental Health Disorders

Book & Workbook Publications

- Gregory, B. (2024). CBT and Reentry Skills Workbook for Justice-Involved Populations.
- Gregory, B. (2024). Thinking For Success: Training and Group Facilitation Manual For Correctional Professionals
- Gregory, B. G. (2023) College Success Workbook: Promoting Student Success Inside and Outside the Classroom.
- Gregory, B. (2023). Cultivating A Healthy Balanced Lifestyle: A Motivational Approach To Health and Wellness That Works.
- Gregory, B. (2010). Cognitive-Behavioral Therapy Skills Workbook: Practical Exercises and Worksheets that Promote Change.

- Gregory, B. (2021): College Alcohol & Life Skills Study. Published Doctoral Dissertation

References

- Bianca Angueira: Commander Miami Dade Corrections and Rehabilitation, Miami Fl. 786-263-6079
- Steve Ladd: LMHC Owner and Director Counseling Services of Lake Worth, 561-547-0303
- Dr. John Johnson Sr. Ph.D., MBA, CMJ, CPM: Past President American Jail Association: Miami Dade Corrections and Rehabilitation, Miami Fl. 786-263-6300
- Attorney Jeff Cohen: Florida Healthcare Law Firm, Delray Beach Fl. 561-455-7700
- Jeff Stachnik: Training and Research Manager at Florida Commerce, Tallahassee, Fl. 850-284-0227

Contact Information

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